

From the syllabus...

### 20 Hours of Community Service

St. Anthony of Padua requires that 8th grade students complete 20 hours of Community Service each year. The goal of Community Service is to teach students to serve others less fortunate than themselves. As students serve others, they learn profound and life-changing lessons. In the Christian tradition, service to others is both our responsibility and our blessing, for it is God who first served us. St. Anthony of Padua understands that this may be the first year that your child is responsible for completing community service hours so please feel free to contact Mr. De Loera if you have any questions or concerns. This requirement is meant to be a fulfilling experience and not a burdensome one, so feel free to choose an agency of your choice and the type of community service your child wants to participate in.

The student and parent are responsible for finding agencies and getting their log signed and dated by an appropriate personnel/supervisor or in some cases a parent/guardian. Service hours may also be applicable to helping others in the neighborhood (e.g. helping an elderly woman cut her grass, or helping a neighbor walk their dog.) Contact Mr. De Loera if you are not sure if the service your child wants to provide is applicable to that which is required by St. Anthony of Padua School.

As always, please use caution when selecting where your child is serving and never leave a child unattended if you are not familiar with the establishment.

Here are some recommendations:

YMCA

Children's hospital

Elderly Clubs

Elderly homes

Knights of Columbus

Elks organization

Nursery

Church

Homeless shelters

Soup kitchens

Convalescent homes.

Elderly neighbors

People with disabilities

Reading to the blind

Convent homes

Animal shelters

Coastal Clean-UP (coastal.ca.gov)-volunteer information online

Los Angeles Mission (losangelesmission.org)-volunteer information online

Cathedral of Our Lady of the Angels (olacathedral.org) Adopt-A-Family. Volunteer opportunity call 213-637- 7501

SPCALA-animal welfare organization (spcala.com)-volunteer information online

www.bigsunday.org

onevoice-la.org www.ccrf-kids.org (Children's Cancer Research Fund)

For more opportunities please see attachment!

Althem thom:

Students MUST turn in an organization/agency card of all the places they volunteered along with their service log!

Deadline for all Service hours: May 25th 2018

# Volunteer Opportunities for Students All Grades

There are so many ways to find a great works of mercy project and get your volunteer service hours:

- Ask your school campus minister, counselor, or Key Club
- See if your church has any ministries you can join
- Check your local hospital, nursing home, food pantry, soup kitchen, community garden, or library
- Make cards or gift boxes: you can send them to nursing home residents, active duty military or veterans, youth in foster care, and homeless shelters.

# Help Children with Special Needs

Best Buddies: All Archdiocese, all ages

Pairs students with kids who have an Intellectual Disability for friendship.

Contact: Visit the site to find a location near you. https://bestbuddies.org/find-programs/california/

DreamCatcher LA Therapeutic Riding Center: Long Beach, 14+

Volunteers help students with disabilities stay safe while they ride. Volunteers also help with horse care, barn cleanup, and more. No experience with horses necessary.

Contact: 310-350-1311, info@dreamcatcherla.com http://www.dreamcatcherla.com/volunteer.html

Ride On Therapeutic Riding Center: Newbury Park, 12+

Volunteers help students with disabilities stay safe while they ride. Volunteers also help with horse care, barn cleanup, and more. Students aged 12-13 can help in the barn, and 14+ can volunteer in the arena.

Contact: (805) 375-9078, sara@rideon.org

http://www.rideon.org/volunteer\_opportunities.html

Shane's Inspiration: All Archdiocese, all ages

Youth volunteers sign up for the Shane's Buddy program, matching youth with children who have a disability.

Contact: 818-988-5676, marjorie@shanesinspiration.org

http://www.shanesinspiration.org/volunteer/

Special Equestrian Riding Therapy: Moorpark, 14+

Volunteers help students with disabilities stay safe while they ride. Volunteers also help with horse care, barn cleanup, and more.

Contact: (805) 523-1244, sertinfo@aol.com

http://www.sert.org/volunteer

Help Teach Children

Mahar House - Catholic Charities: Wilmington, 13+

Volunteers help kids learn English through mentoring, tutoring, sports, painting, and general education. Must know how to speak Spanish.

Contact: (213) 251-3440

https://www.volunteermatch.org/results/opp\_detail.jsp?oppid=2439894

School on Wheels: Most of Archdiocese, 12+

Peer volunteers tutor homeless students for 1 hour per week. Under age 16 must be

accompanied by parent for tutoring session.

Contact: (805) 641-1678, contact@schoolonwheels.org https://www.schoolonwheels.org/volunteer/application/

Public Library: All Archdiocese, all ages

Students can shelve, help copy, help tutor, read to children, and more.

Contact: (562) 940-8403, volunteer@library.lacounty.gov

http://www.colapublib.org/volunteer/

### Serve the Sick

Carmelite Sisters Care Homes: Culver City and Duarte, 12+

Volunteers visit with residents, coordinate games and activities, and help with events.

Contact: Visit the site for the location nearest you.

https://carmelitesistersocd.com/

Cedars-Sinai Medical Center: Los Angeles, 14+

Clinical and clerical volunteer opportunities. Commitment of 2 hours per week.

Contact: (310) 423-3277

https://www.cedars-sinai.edu/About-Us/Volunteer-Opportunities/Programs/Teen-Volunteers/index.aspx

Children's Hospital: Los Feliz. 15+

Clerical volunteer opportunities, high school and college credit offered with service.

Contact: (323) 361-2371

http://www.chla.org/volunteering-our-hospital

<u>Dignity Health Hospitals</u>: Downtown LA, Glendale, Northridge, Long Beach, San Bernardino, 14+

Volunteers help with clerical and clinical work in the hospital.

Contact: Visit the site to find a location near you.

https://www.dignityhealth.org/ourlocations/southern-california

Meals on Wheels: All Archdiocese, 16+

Volunteers help prepare or deliver meals to elderly and disabled clients.

Contact: Visit the site to find a location near you.

http://www.mealsonwheelsamerica.org/

Project Angel Food: Hollywood, 14+

Students can help fill food bags, cook and package meals, and more. Students under the age of 18 must be accompanied by a parent.

Contact: (323) 845-1816, volunteers@angelfood.org

http://www.angelfood.org/site/PageServer?pagename=volunteer\_students#.V-

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Project Chicken Soup: Culver City, 12+

Students can help fill food bags, cook and package meals, and more. Students under the age of 18 must be accompanied by a parent.

Contact: (310) 836-5402, volunteer@projectchickensoup.org http://www.projectchickensoup.org/PCSVolunteerinfo.html

Providence Hospitals: Burbank, Mission Hills, San Pedro, Santa Monica, Tarzana, Torrance, 15+

Volunteers work in gift shop, deliver food to patients, or help with community outreach. Contact: Visit site to find a location near you.

http://california.providence.org/

Verity Health Hospitals: Downtown LA, Lynwood, 16+

Volunteers can help with clerical work, customer service, and staffing the gift shop.

Contact: Visit site to find a location near you.

https://verity.org/verity-locations/#1471639257547-9ce2feb8-b318

<u>UCLA Medical Center</u>: Santa Monica, Westwood, 15+ Summer volunteer program for high school students 15-17.

Contact: (424) 259-8180

https://www.uclahealth.org/volunteer/

## Serve the Homeless and the Poor

Adopt-A-Family: Downtown LA, All ages

Students under age 14 must be accompanied by an adult.

Contact: (213) 637-7501

http://www.olacathedral.org/cathedral/services/aaf.html

The Dream Center: Silverlake, all ages

Volunteers sign up for the Adopt-A-Block program on Saturdays to feed the hungry, serve the homeless, or help with outreach to families. Students under age 15 should be accompanied by a parent.

Contact: 213-273-7036, adoptablock@dreamcenter.org

http://www.dreamcenter.org/get-involved/give-your-time/volunteer/

Food Forward: North Hollywood, 5+

Collect fresh fruit for food banks, pantries, and shelters. Students under 16 must be accompanied by an adult.

Contact: volunteer@foodforward.org

### https://foodforward.org/get-involved/volunteers/

Food on Foot: Hollywood, 15+

Pass out food and clothing. Students must be accompanied by an adult.

Contact: (310) 442-0088, info@foodonfoot.org http://www.foodonfoot.org/volunteer/volunteer-faqs/

Habitat for Humanity: All Archdiocese, 14+

Volunteers 14+ can volunteer in the ReStore, Habitat's thrift hardware store. Youth 16+ can volunteer at a build site if accompanied by a parent/guardian.

Contact: (310) 323-4663

http://www.habitatla.org/get-involved/volunteer/

Los Angeles Mission: Downtown LA, 14+

Volunteers help with food service, mentoring, food drives, and more.

Contact: (213) 629-1227 ext. 301, volunteers@lamission.org

https://losangelesmission.org/act/volunteer/volunteer-opportunity/

Midnight Mission: Downtown LA, 14+

Student volunteers can work in the kitchen, tutor, make food boxes and hygiene kits, paint, clean, or work on meal service. Under 18 must be accompanied by a parent.

Contact: (213) 624-9258

http://www.midnightmission.org/get-involved-1/spring-2015/volunteer/step-1/

San Fernando Valley Rescue Mission: San Fernando, 14+

Volunteers help with food service, mentoring, sports, food drives, and tutoring.

Contact: (818) 785-4476

http://sfvrescuemission.org/volunteer-sign-up/

Seeds of Hope Community Gardens: Most of Archdiocese, all ages

Students help tend the community garden growing organic vegetables for food banks.

Under 16 should be accompanied by an adult.

Contact: <a href="mailto:talderson@ladiocese.org/">talderson@ladiocese.org/</a>
<a href="http://seedsofhope.ladiocese.org/">http://seedsofhope.ladiocese.org/</a>

Sowing Seeds for Life: La Verne, 14+

Volunteers set up the pantry, food distribution, client registration, staging, read to children, hand out books and toys. Under 17 need to be accompanied by an adult.

Contact: (909) 392-5777 ext. 271

http://sowingseedsforlife.org/volunteer-opportunities

St. Francis Center: Downtown LA, 8+

Students serve food to the homeless and other service opportunities. Ages 8-13 need a chaperone.

Contact: 213-747-5347, volunteer@sfcla.org

http://sfcla.org/volunteer/

St. Vincent de Paul Society of Los Angeles: All Archdiocese, 14+ Volunteers can help sort items in the thrift store, deliver items to families, and more. Contact: (323) 224-6286, <a href="http://www.svdpla.org/pages/content-migration/3.-get-involved/part-time-volunteer">http://www.svdpla.org/pages/content-migration/3.-get-involved/part-time-volunteer</a>

<u>Union Rescue Mission</u>: Downtown LA, all ages
Serve food, spend time with children, help with events. Students under 16 need a chaperone and URM must know in advance to expect them.
Contact: (213) 673-4860, volunteer@urm.org
<a href="http://urm.org/get-involved/volunteer/">http://urm.org/get-involved/volunteer/</a>

# Helping Pregnant Mothers and Babies

Pregnancy Resource Centers: All Archdiocese, varies Volunteers can sort baby clothes, handle clerical work, and more. Contact: Visit the site to find a location near you. http://freewomensclinic.com/

40 Days for Life: All Archdiocese, all ages
Volunteers hold vigil and pray outside of abortion facilities for an end to abortion. Works
best as a group activity.
Contact: Visit the site to find a location near you.
https://40daysforlife.com/browse-campaigns/

# Community Service Reflection Slides Presentation



### Guidelines

After completing your community service work, you will create a Slides presentation that will give you an opportunity to revisit or look back upon your service activity. You will need to include each of the guidelines below to complete this presentation.

- Begin your presentation with what community service means to you and the importance of community service.
- Describe the community service you performed and the community need you helped meet with your service.
- 3. Explain why you chose the particular community service activity, relate why this group or organization appealed to you.
- 4. State 3 facts (minimum) about the organization you did your service for.
- Detail where and when the service took place.
- 6. Explain how you think this service helped you grow as a person and how it might help you in the future.
- 7. Describe how you felt when your service was complete.
- 8. Describe the results of your service. What was the consequence of your help.
- 9. How did your community service work influence your opinion relating to community service?
- 10. Finally, make sure you use visuals. This can be pictures, illustration, graphics, etc. This will help keep you audience captivated.

## Suggestions for creating the slides presentation:

- Read all the prompts carefully. (1-10 above)
- Have someone look over your presentation before you turn it in.
- Make a plan.
- Use an outline or a web to help you organize your thoughts.
- Provide specific details so the audience will feel like they were actually there with you.
- Have a friend proofread your presentation.
- Read your presentation out-loud to someone. Have them listen to how it sounds.

#### Rubric

- 1. Does the presenter adequately address all parts of each prompt? (1-10 above)Y or N
- 2. Are the presentation presented in a clear, organized manner? Y or N
- 3. Were pictures used? Y or N
- 4. Are the slides presented fluently, smoothly without significant interruptions? Y or N
- 5. Are conventions used appropriately throughout the papers? Y or N

# Student Name:



Type of service given	Date	Hrs	Signature of supervisor	Studen initials
	Type of service given	Type of service given  Date	Type of service given  Date Hrs	Type of service given  Date  Hrs Signature of supervisor  Signature of supervisor  Signature of supervisor

Parent/Guardian Name
Parent/Guardian Signature
I confirm that my child has completed the Community Service Hours indicated above.