

TOGETHER WE CAN SAVE LIVES!

Hello St Anthony of Padua Families,

Our school is proud to partner with the American Heart Association by participating in **Kids Heart Challenge**! Heart disease is the #1 killer in America and affects people of all ages. Our support can make a big difference in educating people about heart health and raising funds for lifesaving research!

Virtual Kick Off Assembly: February 15th

Get Started Today:

- 1. JOIN OUR ONLINE TEAM: Download the FREE "Kids Heart Challenge" App or visit www.heart.org/khc to sign up!
- 2. TAKE THE CHALLENGE ONLINE: Choose to Be Kind or Be Active and earn your Heart Hero wristband!
- 3. **FOLLOW FINN'S MISSION** in your HQ to learn Hands Only CPR, how to spot a stroke F.A.S.T., and how to help spread awareness by connecting to social media. Complete Finn's Missions and you'll earn Finn's Lifesaver Award!



Meet Finn, 1st Grade

Finn was born with multiple heart defects and spent the first eight months of his life in the hospital. Finn has had 18 heart surgeries and last year underwent a customized procedure to correct his special heart anatomy and give him the gift of life. Today, an energetic Finn loves to have fun.



Heart Hero Explorers: Raise life-saving donations to earn this year's Heart Hero Explorer Characters! Each Explorer has a message to keep your heart happy and healthy! Collect them all! <u>Tip:</u> if you receive checks, use the app to scan them and have the amount added to your child's total.



Local Impact: Not only will our fundraising efforts help families with special hearts, but we will help AHA continue to feed over 8,000 families per week through their produce distribution centers around Los Angeles County. Thank you for supporting our school and this life-saving program!