



My Lenten Journey 2022

Name:





LENTEN SEASON



This Lent I will show my love for Jesus by doing something for him each day. To show what I have done, I will place a colored bead on my string each day to match one of the good deeds I wrote on my Lent Journal.

- **GREEN/PURPLE** - I said an extra prayer
- **LIGHT/DARK PINK** - I helped someone.
- **RED / ORANGE** - I did something good that was hard for me to do.
- **WHITE/YELLOW** - I did what I was supposed to do without being told.
- **LIGHT/DARK BLUE** - Random act of kindness.



Day 1: _____



Reflect: _____

Day 2: _____

Reflect: _____



Day 3: _____



Reflect: _____

Day 4: _____

Reflect: _____



Day 5: _____



Reflect: _____

Day 6: _____

Reflect: _____



Day 7: _____



Reflect: _____

Day 8: _____

Reflect: _____



Day 9: _____



Reflect: _____

Day 10: _____

Reflect: _____



Day 11: _____



Reflect: _____

Day 12: _____

Reflect: _____



Day 13: _____



Reflect: _____

Day 14: _____

Reflect: _____



Day 15: _____



Reflect: _____

Day 16: _____

Reflect: _____



Day 17: _____



Reflect: _____

Day 18: _____

Reflect: _____



Day 19: _____



Reflect: _____

Day 20: _____

Reflect: _____



Day 21: _____



Reflect: _____

Day 22: _____

Reflect: _____



Day 23: _____



Reflect: _____

Day 24: _____

Reflect: _____



Day 25: _____



Reflect: _____

Day 26: _____

Reflect: _____



Day 27: _____



Reflect: _____

Day 28: _____

Reflect: _____



Day 29: _____



Reflect: _____

Day 30: _____

Reflect: _____



Day 31: _____



Reflect: _____

Day 32: _____

Reflect: _____



Day 33: _____



Reflect: _____

Day 34: _____

Reflect: _____



Day 35: _____



Reflect: _____

Day 36: _____

Reflect: _____



Day 37: _____



Reflect: _____

Day 38: _____

Reflect: _____



Day 39: _____



Reflect: _____

Day 40: _____

Reflect: _____

